

NOVEMBER 28TH 2022



Monthly Newsletter

ODSP AND OCB CHANGES

Increased rates of ODSP and OCB: [OW and ODSP Rates and the OCB as of September 2022 \(incomesecurity.org\)](https://www.incomesecurity.org/)

Ontario raises income cap- [Ontario raises the income cap for disability support recipients. What does it mean? | Holland Bloorview](#)



SOCIAL PROGRAMS:

Drama Way: Art programs for all abilities. 2022-2023 programs now available. Including dance programs, Vocal programs, Multi-art. Song writing etc.
www.dramaway.com

Prosserman JCC: [Mark Nizer 4D Experience Live Dec 18, 2022.](#)
Prosserman JCC.

Prosserman JCC: [Inclusive Yogis: Neurodiverse & Inclusive Yoga](#) age: 5-9 and 10-15. Starting: Jan 14th Fee: 161
[Inclusive Yogis Program \(prossermanjcc.com\)](https://prossermanjcc.com)

Prosserman: [Social Outings \(16-18\) or \(19-25\)](#): A co-ed social group for teens diagnosed with ASD, learning disability and other special needs. Spend a social evening in a supportive environment.
[Inclusion Services – Social Outings](#)

The Bounce: [Respite Day Friday](#) December 16th. Full access to trampolines, toys, karaoke and movie night. 5:30-8:30pm. \$40.00.
RSVP: jenn@thebounce.com

Toronto and York Region Library. Many free programs for all ages. Check out their webpages: [Programs, Classes & Exhibits : Toronto Public Library](#)
[Programs - Vaughan Public Libraries \(vaughanpl.info\)](#)



AUTISM:

Surry Place: [Free Foundational Services](#), for those families who have received their program number.

Community Resource and Funding: December 5th 5pm-7

Staying Home Alone: December 8th 1pm-3pm

December 12th: Introduction to Autism Spectrum Disorder.

For more, and to sign up visit: [Foundational Family Services - Surrey Place](#)



HEALTH & FAMILY:

Toronto District School Board Virtual Fair

Ontario Government:
Health Connect Ontario
Connect with a registered nurse day or night for free, secure and confidential health advice. CALL 811.
[Health Connect Ontario](#) | [Health Connect Ontario](#) (gov.on.ca)

Disability Family Advocacy Network A second, in-person opportunity for parents of children to meet parents of adults with disabilities.
November 17, 7:30pm-9pm at the Prosserman JCC (4588 Bathurst St), FREE! Email: susie.jdisabilitynetwork@gmail.com to RSVP

SickKids: Virtual Urgent Care: virtual visits are available between 10am and 8:30pm.

Eligibility:

- 1) *Live in the GTA*
- 2) *Have a valid OHIP card*
- 3) *Under the age of 18*

Sibling Leadership Network: Sib2Sib, Sibling peer mentor program for adults of people with disabilities. If you are interested, please contact: amy.halm@siblingleadership.org

A virtual event for parents/caregivers of children, youth and adults with disabilities. Meet with community partners who provide social skills, life skills, respite support etc.

Dec 5th (9:30-12pm)
Dec 12th (5:30-8:00pm)

Featuring: Extend-A-Family, Woodgreen, Respite services.com, P4P planning, Holland Bloorview.

[Virtual Community Fair Dec 2022\(Final\).pdf](#)

CHUNUKAH INITIATIVES:

JRCC: Chanukah Wonderland December 18, 12-5pm: Shows Arts & Crafts.. Location: Schwartz/Reisman Centre

Admission: \$5.00 [Chanukah Wonderland Pre-Registration - JRCC.org](#)

Light Up the Night: December 19th at 6pm. Location: Mel Lastman Square. [Menorah Lighting - JRCC.org](#)

Chai Lifeline: Toy Drive. Share a toy, give them joy. Send a toy, make a donation or send a gift card: [Chai Lifeline Toy Drive \(chailifelinecanada.org\)](#)

Jewish Family and Child: Drive for Dreidels: Donations allow JF&CS to purchase todays and gift cards for our communities most vulnerable. [Jewish Family and Child Service | Drive For Dreidels \(jfandcs.com\)](#)

UJA, JF&CS, CIJA etc: 8 Gays of Channukah: Queer Jewish Variety Show Benefiting Machene Lev. A showcase of Toront's queer and Jewish talent to raise funds for North America's first queer and Jewish sleepover camp. Sunday Dec 18th 7:30-9:30om. Ages 19+ Tickets \$25.00. Location: Centre for Social Innovation. bit.ly/8gaysofchannukah



If you are finding that the resources listed above are not appropriate for you or your child and/or have some suggestions on resources you would like to share.

Please contact: spropper@jfandcs.com, mflorence@jfandcs.com, or susie.jdisabilitynetwork@gmail.com